

2026 JINGLE 5K

Johnson City Registration Form

Thursday, December 10, 2026 | Jingle Bell Dash 6:40 p.m. | 5K 7:00 p.m.

Downtown Johnson City, Tennessee

Race information: www.5kjingle.com

REGISTRATION OPTIONS (CHECK ONE)

☐ **JINGLE 5K RUN / WALK**

\$30 October 9-16 | \$35 October 17 - November 15

\$40 November 16 - December 6 | \$45 December 7-10

☐ **JINGLE BELL DASH (9 & UNDER)**

\$20 advance | \$25 race day (December 10)

☐ **VIRTUAL 5K**

\$35 | Optional shipping & handling: \$9.95, arranged separately

SHIRT SIZE (CIRCLE ONE)

YS YM YL S M L XL XXL XXXL

Register by December 1, 2026 to guarantee your shirt and selected size.

NAME: _____

PHONE: _____

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP:** _____

EMAIL: _____

DATE OF BIRTH: _____ **AGE ON RACE DAY:** _____ **SEX:** ☐ M ☐ F

EMERGENCY CONTACT (NAME & PHONE): _____

CHECKS PAYABLE TO: THE GOOSE CHASE

Mail this form to: Jingle 5K

3101 Browns Mill Road, Suite 6-182 | Johnson City, TN 37604

WAIVER

In consideration of accepting this entry, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, executors and administrators, waive and release any and all claims for personal injury or property damage, of whatever form and nature, I may have against The Goose Chase, its affiliates and/or subsidiaries, co-sponsoring organizations, and all other persons, acting on behalf of the foregoing organizations, stemming from or arising as a result of my participation in any of the events of the Jingle 5k. I attest and verify that I am physically fit and sufficiently trained to participate in any of the events that I enter. I also give my permission for the free use of my name and picture in any newspaper write up, "broadcast", "telecast", or other written account of this event.

PARTICIPANT / GUARDIAN SIGNATURE: _____ **DATE:** _____

Signature of parent/guardian required if participant is under age 18.